



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 03222, Babyfood, cherry cobbler, junior

Report Date: June 24, 2017 23:53 EDT

Nutrient values and weights are for edible portion.

Food Group : Baby Foods

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g
Proximates					
Water	g	79.80	--	--	22.62
Energy	kcal	78	--	--	22
Energy	kJ	326	--	--	92
Protein	g	0.30	--	--	0.09
Total lipid (fat)	g	0.10	--	--	0.03
Ash	g	0.19	--	--	0.05
Carbohydrate, by difference	g	19.20	--	--	5.44
Fiber, total dietary	g	0.2	--	--	0.1
Sugars, total	g	10.39	--	--	2.95
Minerals					
Calcium, Ca	mg	5	--	--	1
Iron, Fe	mg	0.10	--	--	0.03
Magnesium, Mg	mg	2	--	--	1
Phosphorus, P	mg	6	--	--	2
Potassium, K	mg	45	--	--	13
Sodium, Na	mg	0	--	--	0
Zinc, Zn	mg	0.05	--	--	0.01
Copper, Cu	mg	0.010	--	--	0.003
Manganese, Mn	mg	0.020	--	--	0.006
Selenium, Se	µg	0.9	--	--	0.3
Vitamins					
Vitamin C, total ascorbic acid	mg	9.3	--	--	2.6
Thiamin	mg	0.010	--	--	0.003

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g
Riboflavin	mg	0.010	--	--	0.003
Niacin	mg	0.060	--	--	0.017
Pantothenic acid	mg	0.043	--	--	0.012
Vitamin B-6	mg	0.020	--	--	0.006
Folate, total	µg	2	--	--	1
Folic acid	µg	0	--	--	0
Folate, food	µg	2	--	--	1
Folate, DFE	µg	2	--	--	1
Choline, total	mg	1.5	--	--	0.4
Vitamin B-12	µg	0.00	--	--	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00
Vitamin A, RAE	µg	2	--	--	1
Retinol	µg	0	--	--	0
Carotene, beta	µg	19	--	--	5
Carotene, alpha	µg	0	--	--	0
Cryptoxanthin, beta	µg	0	--	--	0
Vitamin A, IU	IU	31	--	--	9
Lycopene	µg	0	--	--	0
Lutein + zeaxanthin	µg	20	--	--	6
Vitamin E (alpha-tocopherol)	mg	0.03	--	--	0.01
Vitamin E, added	mg	0.00	--	--	0.00
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0
Vitamin D	IU	0	--	--	0
Vitamin K (phylloquinone)	µg	0.5	--	--	0.1
Lipids					
Fatty acids, total saturated	g	0.020	--	--	0.006
4:0	g	0.000	--	--	0.000
6:0	g	0.000	--	--	0.000
8:0	g	0.000	--	--	0.000
10:0	g	0.000	--	--	0.000
12:0	g	0.000	--	--	0.000
14:0	g	0.001	--	--	0.000
16:0	g	0.014	--	--	0.004

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 oz 28.35g
18:0	g	0.005	--	--	0.001
Fatty acids, total monounsaturated	g	0.020	--	--	0.006
16:1 undifferentiated	g	0.000	--	--	0.000
18:1 undifferentiated	g	0.024	--	--	0.007
20:1	g	0.000	--	--	0.000
22:1 undifferentiated	g	0.000	--	--	0.000
Fatty acids, total polyunsaturated	g	0.030	--	--	0.009
18:2 undifferentiated	g	0.014	--	--	0.004
18:3 undifferentiated	g	0.013	--	--	0.004
18:4	g	0.000	--	--	0.000
20:4 undifferentiated	g	0.000	--	--	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000
Cholesterol	mg	0	--	--	0

Amino Acids

Other

Alcohol, ethyl	g	0.0	--	--	0.0
Caffeine	mg	0	--	--	0
Theobromine	mg	0	--	--	0